# January 23, 2023

# **Eppler Express**

i have decided to stick with love. hate is too great a burden to bear.



Monday, January 23	Thursday, January 26
<ul> <li>7th / 8th Grade Girls Basketball vs Malow @ Malow</li> <li>7th / 8th Grade Boys Basketball vs. Malow @ Eppler</li> <li>Chess Club Meeting 3:00 - 4:00 pm Media Center</li> </ul>	<ul> <li>Homework Club, Media Center @ 2:55-3:55 pm</li> <li>7th / 8th Grade Girls Basketball vs Bemis @ Bemis</li> <li>7th / 8th Grade Boys Basketball vs. Bemis @ Eppler</li> </ul>
Tuesday, January 24	Friday, January 27
<ul> <li>EPIC Meeting Media Center Conference Room 9:05 am - 10:00am</li> <li>Homework Club, Media Center @ 2:55-3:55 pm</li> </ul>	Chieftain of the Month 11:45 am - 12:45 pm, Room 106
Wednesday, January 25	Saturday, January 28
• Student Council Meeting 7:30 am Room 120 or 3:00 pm Room 107	None     Sunday, January 29
	None

Eppler Chieftain Code of Conduct Chieftains are ... Respectful Responsible Reasonable

# What's Inside:

What's Happening this Week at Eppler Upcoming Activities

## Additional Information:

- School News & Information
- Sports Information
- <u>Clubs & Organizations</u>
- <u>District News</u>
- Educational Camps/Enrichment /

Activities/Community Ed

- In Case You Missed It
- Power School / Naviance
- <u>Reward Programs</u>

# Important Websites and Resources:

- <u>Counseling Information</u>
- UHS Athletics Boosters
- Eppler Website
- Eppler Express
- <u>PaySchools</u>
- <u>Student Handbook</u>
- UCS District Website
- <u>Report Bullying</u>
- <u>PowerSchool Portal / Information</u>
- UCS District Calendar

# School News & Information

#### **Vision and Mission Statements**

**Our Vision Statement:** Eppler Junior High School, in partnership with our community, will empower students to achieve their full potential and become productive contributors in a diverse society.

Eppler Junior High School Mission Statement: The Eppler community will collaborate to foster a safe, respectful, and inclusive learn-

ing environment that will inspire growth, excellence, and achievement.

#### **Report Card Information**







Second semester report cards will be available only through PowerSchool accounts. Please note, the report card link is not available through the PowerSchool App. Parents will need to use a browser (Edge, Chrome, Safari, etc.). If you use only the PowerSchool App, we recommend you try to log on through a browser. If you need to reset your password, please see the directions at this <u>link</u>. If you need assistance, please call 586-797-2900 or email karen.miscovich@uticak12.org.

For more information on how report cards will be shared, where to access the report cards, how to request a new password or set up a PowerSchool account, please see this <u>link</u>.

Report cards will be available through PowerSchool beginning at noon on Monday, January 9, 2023

#### Below are some links to helpful videos

• How to make a PowerSchool parent portal account : Click through tutorial: <u>https://ior.ad/80JY</u> OR Video tutorial: <u>https://youtu.be/</u><u>vLgq4YtjTxM</u>

- How to download report cards Click through tutorial: <u>https://ior.ad/8PRj</u>
- How to download NWEA reports Click through tutorial: https://ior.ad/8BQs
- How to reset a PowerSchool password Click through tutorial: <u>https://ior.ad/8OUf</u>

#### **Parent Access for Schoology**

Parents/Guardians,

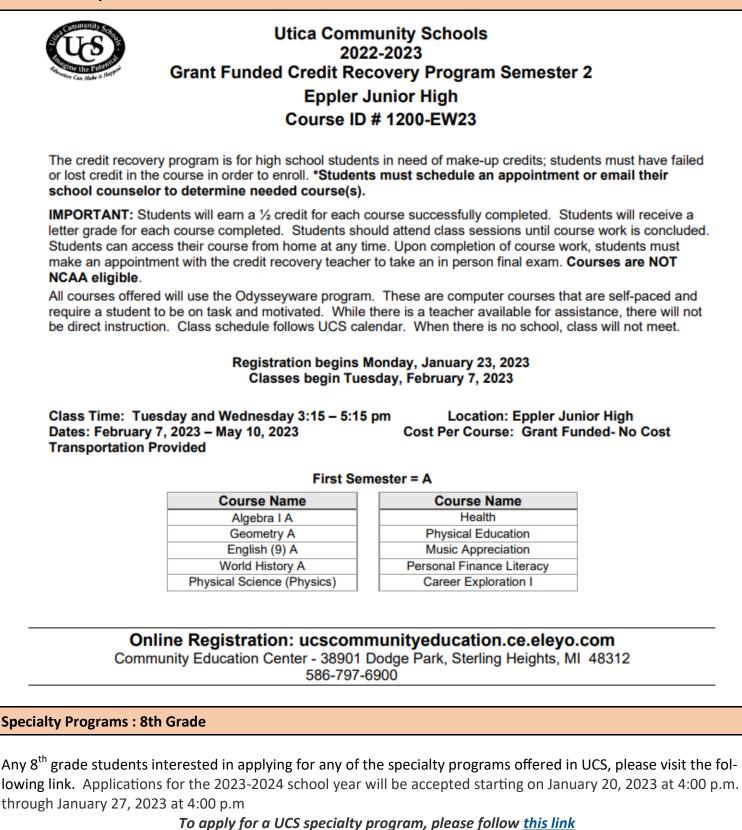
Did you know that you can have a parent account for your child's Schoology classes? You can access each of their classes, as well as the counseling department's Schoology page. The counseling page has many resources ranging from support groups and therapy to community resources for help with everyday problems. If you would like access to your child's Schoology account (this is different than PowerSchool), you can contact the main office at 586-797-2900 to request your child's 12-digit-code and instructions.

# PARENT ACCESS DIRECTIONS FOR SCHOOLOGY

- 1. Go to www.schoology.com.
- 2. Click Sign Up at the top of the page and choose Parent.
- 3. Enter your Parent Access Code. This is the 12-digit code in xxxx-xxxx format
- 4. To receive the 12-digit code, please contact the Main Office
- 5. Fill out the form with your information.
- 6. Click Register to complete.

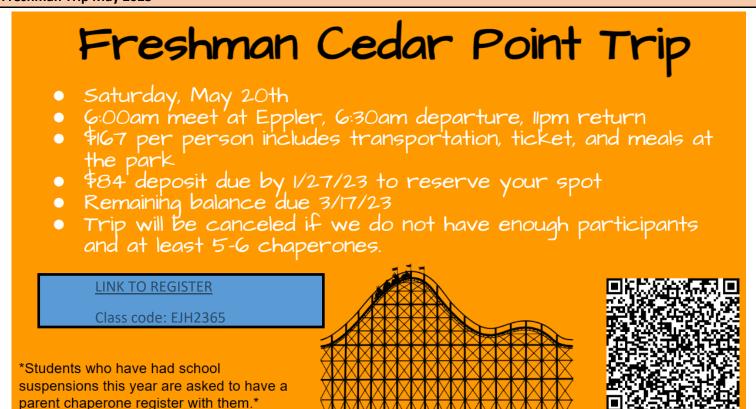
When you use a Parent Access Code to create an account, you are automatically associated to your child. You can add additional children to your account using the Add Child button.

If your Parent Access Code does not allow you to register, or if the code does not have 12 digits, please contact techsupport@uticak12.org.



Specialty Programs / UCS Specialty Programs (uticak12.org)

The secondary programs include the Gene L. Klida Utica Academy for International Studies, the Utica Center for Mathematics, Science and Technology, the Utica Center for Science and Industry and the Stevenson MADE Academy.



# 2023-2024 9th Grade Fieldtrip Attention CURRENT 8TH GRADE PARENTS / NEXT YEAR'S freshmen class

Please take a moment to fill out the survey below regarding the Class of 2027 9th Grade Field Trip



2023/2024 9th Grade Field Trip Survey (surveymonkey.com)

Winter Dance

# Winter Wonderland Dance

Friday, February 3rd

3:00 pm— 5:00 pm

Admission at Door

#### **Lunch Deliveries**



*Food Deliveries:* Food that is delivered by a service such as Door Dash or Grub Hub will not be permitted at Eppler. due to school safety concerns and the disruption to the school day, we cannot accommodate such deliveries. we ask that all students bring their own lunch or buy a lunch from the cafeteria. If a student forgets their lunch, they may borrow against their lunch account in the cafeteria, or a parent may drop off a lunch for their

student. However, if the food dropped off is from a restaurant, the student will be asked to eat it in the Main Office during their lunch hour. Coffee, smoothies, and outside breakfast brought in the school in the morning must be consumed before going into first hour. This is the practice that takes place at the high school level and Eppler is aligning with Utica High in order to provide consistent expectations for our students. If you would like to apply for the free or reduced lunch program, or to establish a lunch account for your child, please click <u>here</u>.

Thank you for your understanding and we appreciate your support.

### Dress Code Rules - REMINDER

#### Dress code:

Please address the following dress code items with your child:

- Hoods/hats are not to be worn in the building.
- Clothing must not show bare mid-drifts, shoulders, cut too low or any derogatory or drug/alcohol messages.

#### Student Drop-off after 8:00am

**Parents,** please be aware that there is often no need to come into the building when you are dropping off your child at school if they are late or after an appointment. The only reasons we will require you to come into the building are if you are picking up your child, for which you will need ID, or if you are dropping off anything for your child, which we ask that you label for their pick-up. Other than that, please feel free to stay in your warm and dry vehicle (on cold and rainy days) and enjoy whatever you may be listening to from your playlist! Thank you!!

#### Parent Student Handbooks

Please use the following link to access the Parent and Student Handbooks for the 2022-2023 school year. Please note that there are separate handbooks for Grades 7-8, and Grades 9-12. Please see the updated attendance policies on pages 3-6 in the Grades 7-8 Handbook, and pages 2-7 in the Grades 9-12 Handbook.

http://utica.ss9.sharpschool.com/handbook

#### Lost and Found

Eppler Lost and Found - Before replacing your student's lost item, ask your child to check the Lost and Found Table across from the Counseling Office.





## Thank you to those families that have donated! You are truly appreciated!!

#### Life Skills Accepting Donations

Mrs. Rumel needs your help!! The life skills class is gladly accepting donations of the more common used supplies the class. Donations can be dropped off to the school, please be sure to put **Life Skills** or Mrs. Rumel's name on the donation. We just kindly ask that the items are not expired or opened and are nut free.

Below are the most commonly used items in our class:

Sugar (white or brown)	Marshmallows (large and mini)
Rice Krispy cereal	Non-stick cooking spray
Butter	Flour
Cake Mixes	Brownie Mixes
Frosting	Spaghetti Sauce
Pizza Sauce	Chocolate Chips (white, dark, milk, cinnamon, etc.)
INSTANT pudding (Chocolate is most commonly used)	Oreos
ANY disinfectant cleaners for kitchens without bleach	Aluminum Foil
Vegetable/Canola oil	Sandwich and gallon baggies
Paper Plates or cups or silverware	Kleenex
Dish Soap	Hand soap



# **Reward Programs**

#### **Calling All Shoppers!**

Eppler has a reward program at Kroger. All you have to do is shop, swipe your card, and Eppler gets cash back! The Kroger Community Rewards program makes fundraising easy by donating based on the shopping you do every day. Once you link your Card all you have to do is shop at Kroger and swipe your Shopper's Card. Here's how :



- Go to www.krogercommunityrewards.com
- Click Sign in the upper right-hand corner
- Put the email address and password used to enroll your card
- Go to "Savings & Rewards", then "Kroger Community Rewards", I'm a Customer"
- Enter the group number EJ598 or search Eppler Junior High School
- Click on the organization then click "Enroll"

#### NJHS – Planet Green Fundraiser



Thank you to all who have donated to Planet Green! We have raised over \$400 over the last couple of years by recycling used ink cartridges and electronics! Planet Green is no longer accepting used electronics. They are only accepting ink cartridges. Please continue to send those into Mrs. Byron in room 19! Thank you!

NJHS is doing a yearlong fundraiser with Planet Green. Please send in Inkjet cartridges (NO toner or laser cartridges) to room 19. NJHS sends them to Planet Green, and then Planet Green sends Eppler a check! This fundraiser helps the environment and our school! NJHS members can receive one hour for every 5 items, but everybody is encouraged to participate!



# EPPLER JUNIOR HIGH SCHOOL DAILY SCHEDULE

- 1<sup>ST</sup> HOUR 8:00 8:58
- 2<sup>ND</sup> HOUR 9:04 10:00
- 3<sup>RD</sup> HOUR 10:06 11:02
- 4<sup>TH</sup> HOUR 11:08 12:47
  - <u>A Lunch</u> 11:08 11:39 Lunch
    - 11:45 12:47 Class
  - **<u>B Lunch</u>** 11:08 11:39 Class

11:45 – 12:10 Lunch

12:16 - 12:47 Class

<u>C Lunch</u> 11:08 – 12:10 Class

12:16 – 12:47 Lunch

- 5<sup>TH</sup> HOUR 12:53 1:49
- 6<sup>TH</sup> HOUR 1:55 2:51

# EXAM DAY SCHEDULE

1st EXAM	8:00 - 9:28		
2ND EXAM	9:34 - 11:02		





HALF—DAY Dismissal @ 11:02 AM

# **Eppler Junior High School**

# **CELL PHONE/DEVICE POLICY**

Throughout Entire Building at All Times, Including Before and After School

**NO** Pictures

**NO** Phone Calls

NO Texting

NO Social Media

\*\*\*This includes Kik, Snapchat, Instagram, and ALL others

During School hours 8:00 - 2:51pm

Cell Phones/Electronic Devices must be placed in lockers for the entire school day and may not be used during the school day for <u>ANY REASON</u>.

Cell Phones/Electronic Devices <u>ARE NOT</u> allowed to be taken out of lockers during the school day, except for early release or permission from administration.

Cell Phones/Electronic Devices ARE NOT allowed in the lunchroom.

## If you are found breaking Cell Phone/Device policy, your phone/device will be confiscated and brought to main office.

$1^{st}$ Time $\longrightarrow 2^{nd}$ Time $\longrightarrow 3^{rd}$ Time $\longrightarrow 4^{th}$ time			
<ul> <li>Taken to Office</li> <li>Parent must pick up</li> </ul>	<ul> <li>Taken to Office</li> <li>Parent must pick up</li> <li>After-School Detention</li> </ul>	<ul> <li>Taken to Office</li> <li>Parent must pick up</li> <li>Saturday School</li> </ul>	<ul> <li>Taken to Office</li> <li>Parent must pick up</li> <li>One-Day Suspension</li> <li>Phone banned from</li> </ul>

Note: Eppler Junior High and UCS assume NO responsibility for theft, loss or damage of your device. The student assumes full responsibility and brings the device at their own risk.

#### **Student IDs:**

Since all of our students have now had their pictures taken, it is <u>required</u> that they wear their ID on a lanyard during school hours. The lanyard is to be around their neck, not under a shirt or in a backpack. If your child needs a new lanyard, please have them stop in at the main office to get one. Starting the week of September 20th, there will be random ID checks made.



# ID BADGES ARE TO BE WORN IN SCHOOL - ALL DAY - EVERY DAY

# BELOW ARE THE CONSEQUENCES FOR NOT WEARING YOUR ID BADGE:

# \$5 ID REPLACEMENT

6 TIMES WITHOUT ID = \$5 ID REPLACEMENT

9 TIMES WITHOUT ID = \$5 ID REPLACEMENT & SATURDAY SCHOOL

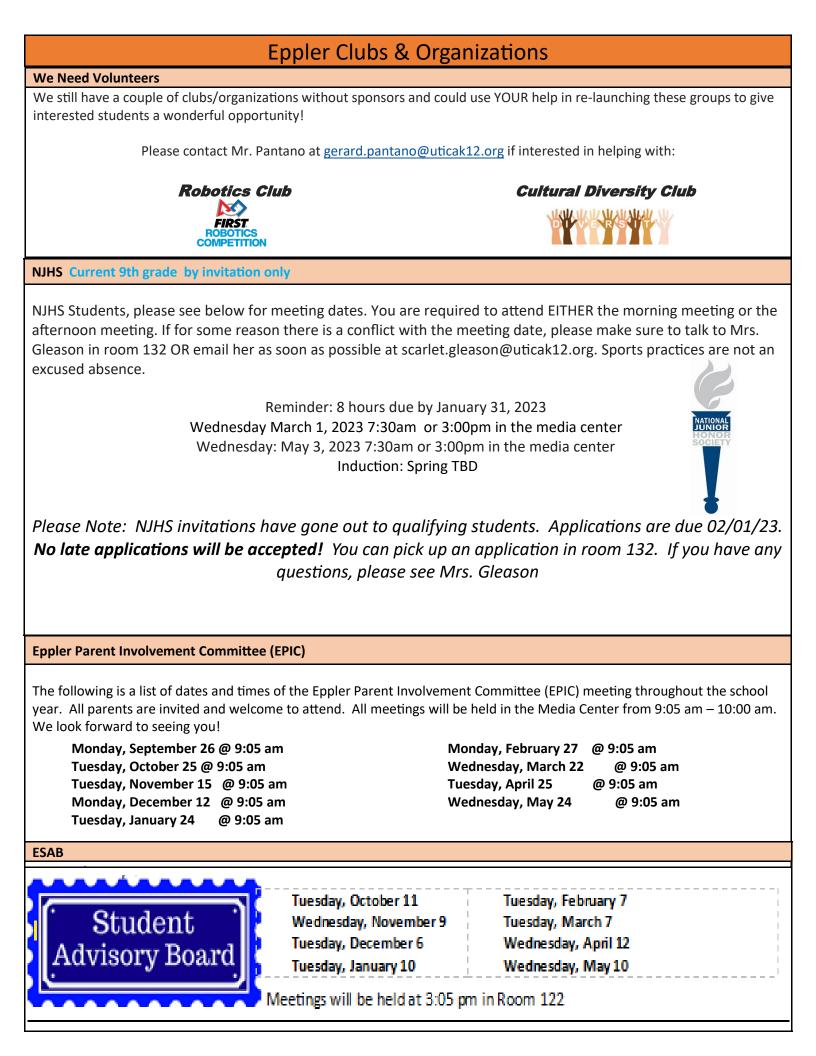
12 TIMES WITHOUT ID = \$5 ID REPLACEMENT & SATURDAY SCHOOL

15 TIMES WITHOUT ID = \$5 REPLACEMENT & SUSPENSION

if you are caught not wearing your badge in school 6 or more times, another badge will automatically be <u>printed</u> and a \$5 fee will be placed on your student account to be paid.

(EVEN IF YOU ALREADY HAVE A BADGE)

The barcode on the ID will be linked to your child's lunch account so the ID will be scanned when purchasing items using an account.



# Show Your School Spirit

# Eppler hoodies are back in stock

They say Chieftains across the front, so they can also represent Utica High in the future! Cost is \$28 for adult small through extra large. There will also be a limited amount of 2xl and 3xl available for \$30. We also have embroidered Chieftain socks in orange or black. We are running a special on the socks for just \$10! You can choose orange or black.







2022-2023 Yearbook

# 2023 Eppler Junior High Yearbook Order Form

Now is the time to order your yearbook! All orders must be place directly through Jostens,

go to JOSTENSYEARBOOKS.COM/

Order yours by March 1, 2023

# **EPPLER JUNIOR HIGH**

# **AFTER-SCHOOL HOMEWORK CLUB**

At Eppler Junior High School, we want to help your child have a successful school year. The Homework Club will be available on **Tuesdays and Thursdays** from 2:55 PM to 3:55 PM in the Eppler Media Center. Students can use this time to get academic assistance, complete assignments, work on projects, and/or study for tests. A few high school tutors are usually available. Students can ask the teacher in charge if there are tutors available that day.

Each student should bring all necessary materials and books to the media center by 2:55 PM. <u>Please be ad-</u> <u>vised that if a student comes to Homework Club with nothing to work on, he/she will not be admitted to</u> <u>Homework Club that day</u>. All students will be expected to remain in the Media Center until 3:55 PM. Students will need to sign in each day that they participate. Students need to arrange for their own transportation home.

If you would like your child to be able to attend Homework Club, please complete the bottom portion of this form and have your child bring it with him/her the first time they attend Homework Club (only one slip is needed, and the student may come as often as they like for the school year). Phone calls and other notes will not be accepted in place of this signed permission slip.

If you have any questions regarding Homework Club, please contact your child's school counselor (Last names A-K: Marla.Ostrom@uticak12.org / Last names L-Z: Autumn.Blanchard@uticak12.org).



# **EPPLER HOMEWORK CLUB PERMISSION SLIP**



My child, (please print)\_\_\_\_\_\_, grade \_\_\_\_\_, has my permission to participate in Homework Club. I understand that it is my responsibility to provide transportation for my child at the end of the session. <u>My child understands that it is his/her responsibility to arrive on time, to bring all nec-</u> <u>essary materials to the Media Center, and to be prepared to work.</u> My child also understands that Eppler Junior High school rules apply and will be enforced. Misbehavior can lead to dismissal from being a

participant in the Homework Club. Students will sign in, and if I ever want to verify my student's attendance, I will contact my child's school counselor.

Parent/Guardian Signature:

Date:

Student Signature:

#### **Chess Club**



Chess Club is up and running! Meetings are held every Monday in the media center from 3—4 PM. See Mrs. Byron, room 19 for more details.

#### **Student Council**

Student Council is sponsoring Fun Friday Spirit Days! Every month we will have a new theme. 6th hour teachers will tally home may students participate for each grade and a prize will be awarded at the end of the semester! For the month of November, we will be going back in time through the decades. The decade is your choice but remember the dress code still applies.





#### REMINDER!!

Show your school spirit! Every Friday in January is crazy sock day! Wear your CRAZY SOCKS and support your grade@



JOIN THE

**BOOSTER CLUB** 

#### **Eppler Booster Club**

We need you!! Please help!!

The Eppler Athletics Boosters are looking for a few good volunteers! Unfortunately, if we do not get any volunteers, we will have to shut down the group. The boosters have been an integral part of many improvements at the school - water filling stations, providing needed equipment for teams, gym decor update, end of season pizza parties for all teams, just to name a few. Most importantly, we are also in need of a

parent or couple of parents that can be responsible for the concession stands at the home games.

If you are interested in either please contact Mr. Paul at <u>eric.paul@uticak12.org</u>

# Eppler & Utica H.S. Sports

**UHS Baseball Workouts** 



Utica Baseball will begin winter workouts in December. Any interested 7th-9<sup>th</sup> grade baseball players please fill out this form to register.

https://forms.office.com/r/QDsxyB60ta



#### 7th/8th Grade Girls Basketball

#### UCS 7th/8th GRADE GIRLS BASKETBALL 2022 - 2023

Game Time: 4:00 & 5:30 \*Jan 19 – Feb 9: 7<sup>th</sup> grade will play the first game followed by the 8<sup>th</sup> grade \*Feb 13– March.13: 8<sup>th</sup> grade will play the first game followed by the 7<sup>th</sup> grade

Thurs, January 19 Bemis @ Heritage Davis @ Eppler Jeannette @ Shelby Bye: Malow

Thurs., February 2 Shelby @ Eppler Bemis @ Malow Heritage @ Davis Bye: Jeannette

Mon., February 13 Heritage @ Bemis Eppler @ Davis Shelby @ Jeannette Bye: Malow

Mon., March 6 Eppler @ Shelby Malow @ Bemis Davis @ Heritage Bye: Jeannette

#### 7th/8th Grade Boys Basketball

#### Mon., January 23 Eppler @ Malow Jeannette @ Bemis Shelby @ Davis Bye: Heritage

Mon., February 6 Bemis @ Shelby Malow @ Jeannette Heritage @ Eppler Bye: Davis

Thurs., February 16 Malow @ Eppler Bemis @ Jeannette Davis @ Shelby Bye: Heritage

Thurs., March 9 Shelby @ Bemis Jeannette @ Malow Eppler @ Heritage Bye: Davis Thurs., January 26 Jeannette @ Davis Eppler @ Bemis Heritage @ Malow Bye: Shelby

Thurs., February 9 Shelby @ Malow Davis @ Bemis Jeannette @ Heritage Bye: Eppler

Tues., February 28 Davis @ Jeannette Bemis @ Eppler Malow @ Heritage Bye: Shelby

<u>Mon., March 13</u> Malow @ Shelby Heritage @ Jeannette Bemis @ Davis *Bye: Eppler*  Mon., January 30 Davis @ Malow Heritage @ Shelby Eppler @ Jeannette Bye: Bemis

Thurs., March 2 Malow @ Davis Shelby @ Heritage Jeannette @ Eppler Bye: Bemis

7th/8th GRADE BOYS BASKETBALL 2022 - 2023

UCS

Game Time: 4:00 & 5:30

\*Dec. 5 – Jan 6: 7<sup>th</sup> grade will play the first game followed by the 8<sup>th</sup> grade \*Jan 9– Jan 30: 8<sup>th</sup> grade will play the first game followed by the 7<sup>th</sup> grade

Mon, December 5 Bemis @ Shelby Malow @ Jeannette Henitage @ Eppler Bye: Davis

Mon., December 19 Eppler @ Malow Jeannette @ Bemis Shelby @ Davis Bye: Heritage

Mon., January 9 Shelby @ Bemis Jeannette @ Malow Eppler @ Heritage Bye: Davis

Mon., January 23 Malow @ Eppler Bemis @ Jeannette Davis @ Shelby Bye: Heritage Thurs., December 8 Shelby @ Malow Davis @ Bemis Henitage @ Jeannette Bye: Eppler

#### Wed., January 4 Jeannette @ Davis

Eppler @ Bemis Heritage @ Malow Bye: Shelby

Thurs., January 12 Malow @ Shelby Bemis @ Davis Jeannette @ Heritage Bye: Eppler

Thurs., January 26 Davis @ Jeannette Bemis @ Eppler Malow @ Heritage Bye: Shelby Mon., December 12 Davis @ Heritage Bemis @ Malow Shelby @ Eppler Bye: Jeannette

#### Bemis @ Heritage Davis @ Eppler Jeannette @ Shelby Bye: Malow

Fri., January 6 Davis @ Malow Eppler @ Jeannette Heritage @ Shelby Bye: Bemis

<u>Tues., January 17</u> Heritage @ Davis Malow @ Bemis Eppler @ Shelby *Bye: Jeannette* 

Mon., January 30 Malow @ Davis Shelby @ Heritage Jeannette @ Eppler Bye: Bemis <u>Thurs., January 19</u> Heritage @ Bemis Eppler @ Davis

Shelby @ Jeannette

Bye: Malow

Thurs., December 15

# PowerSchool/Naviance/Text Messaging Service

#### PowerSchool- Click here to go to the district's PowerSchool website

#### Parent Portal Access through PowerSchool

PowerSchool is the district's student information system used for scheduling, attendance, grades, and delivery of report cards. Please find more information below on how to create and access your Parent Portal Account.

### To login, visit: <a href="http://ps.ucs.misd.net/public">http://ps.ucs.misd.net/public</a>

Due to an update to PowerSchool, parents who had a PowerSchool account prior to August 2, 2022 must reset their password to login. Please follow these directions to update your password.

Below are useful documents for you to reference and take full advantage of PowerSchool:

Parents: Create a Parent Portal Account

Helpful Tips for our PowerSchool Parent Portal: <u>Click here for info on how to reset your password.</u>

#### **PowerSchool Mobile App:**

1. Download the PowerSchool Parent App through your device's <u>GooglePlay</u> or <u>Apple App Store</u>.

2. Enter the UCS district code: NKDJ (all capitalized)

3. When logging in through your mobile app, you will use the same username/password that you use to login through your desktop.

Questions? Contact your home school to help with your PowerSchool questions.

#### **Text Messaging Service**

# Utica Community Schools Text Messaging Service

Utica Community Schools offers a texting service for parents. The service allows parents to receive important information such as school closings, safety alerts, school reminders and more, directly from their school(s) on a mobile device.

Newly enrolled UCS parents will receive a text message from the district that reads:

"Utica Community Schools messages. Reply Y to confirm, HELP 4 info. Msg&data rates may apply. Msg freq varies. schoolmessenger.com/tm"

To receive the free\* text messages, simply reply "Y" or "Yes" to the message.

Even if you have not received a UCS message to join, parents may opt in by texting "Y" or "Yes" to the short code 67587.

Parents may opt out at any time by replying "Stop" to one of the messages.

\*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/txt for more info.



#### **Naviance**

Utica Community Schools has partnered with Naviance to provide a variety of tools for achievement through academic, career and college planning. These tools are located in Naviance Student, a website for students and families to access online resources, communicate with school staff and work on college and career readiness activities with your school and family.

<u>Click here</u> for the updated parent brochure with more information and step-by-step instructions.

#### Subscribe to Eppler Calendar Alerts

To subscribe to email alerts for the Eppler calendar:

Go to the Eppler calendar

1 7 31 365 Today Monthly 🔽 Go 😂 🖄 😒 🖉 🕞

Click on the subscribe to email alerts icon  $\rightarrow$ Select the type of alert wanted

**Upcoming Activities** 

Back to Menu

### Click here to view the 2022-2023 District Calendar

Monday, January 30	Thursday, February 2
<ul> <li>7th / 8th Grade Girls Basketball vs Jeannette @ Jeannette</li> <li>7th / 8th Grade Boys Basketball vs.Jeannette @ Eppler</li> <li>Chess Club Meeting 3:00 - 4:00 pm Media Center</li> </ul>	<ul> <li>Homework Club, Media Center @ 2:55-3:55 pm</li> <li>7th / 8th Grade Girls Basketball vs Shelby @ Eppler</li> </ul>
Tuesday, January 31	Friday, February 3
EPIC Meeting Media Center Conference Room 9:05 am - 10:00am	Winter Wonderland Dance 3:00—5:00 pm
Wednesday, February 1	Saturday, February 4
None	None     Sunday, February 5
	None

# **District News**





Macomb Intermediate School District

Parent Advisory Committee

# **\*MAKE-A-DIFFERENCE** AWARD 2022 Nomination Form

The "Make a Difference" Award is given on an annual basis to individuals who have made a significant positive impact on the educational experience of a special needs student. The nominee must be presently employed by a school district within Macomb County or the MISD. As parents, we feel that it is important to recognize these people who have had a positive effect on the lives of our children.

Please consider the following criteria when completing your nomination. The candidate for this award must have the following characteristics, but is not limited to:

- Communicate with you as a parent
- Excite students to reach their maximum potential
- Meet your child's individual needs
- Help to increase your child's self-esteem
- Demonstrate team member skills

<u>Criteria on page 2 of this form</u> supporting the nominee <u>must</u> be provided for all nominations to qualify! Describe in detail the impact this special person has had on your child's educational experience.

YOU ARE NOT LIMITED BY THIS FORM. Feel free to include additional pages if needed.

You may nominate a teacher, paraprofessional, support personnel (OT, PT, social worker, psychologist, speech pathologist) or any school personnel who is involved in your child's education.



Questions? Contact anyone listed below:

Shelley Petty PAC Leadership Team Luvbugsmom@gmail.com

Jennifer VanderMark PAC Leadership Team jennifervandermark20@gmail.com

Jennifer Puzella Special Education Management Services MISD

## To complete your nomination, please click this link Make-A-Difference AWARD

# **FREE Online Tutoring**

# Do you need one-on-one help with your homework?

To access the free tutoring:

- On your ClassLink dashboard, select Virtual Library Card Tutor.com (the orange icon with the letter "t" on it).
  - You will need your PowerSchool number to log in. You can email your counselor to ask for your PowerSchool number (Marla.Ostrom@UticaK12.org or Autumn.Blanchard@UticaK12.org). To log in:
    - Barcode: ucs########## (ucs followed by PowerSchool number)
    - Your password is your 2-digit birth month and 2-digit birth day (example 0408 for April 8)
  - Choose GET A TUTOR NOW. If you want a short tutorial on how the site works, you can select Take the tour.

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# CONNECT WITH A TUTOR

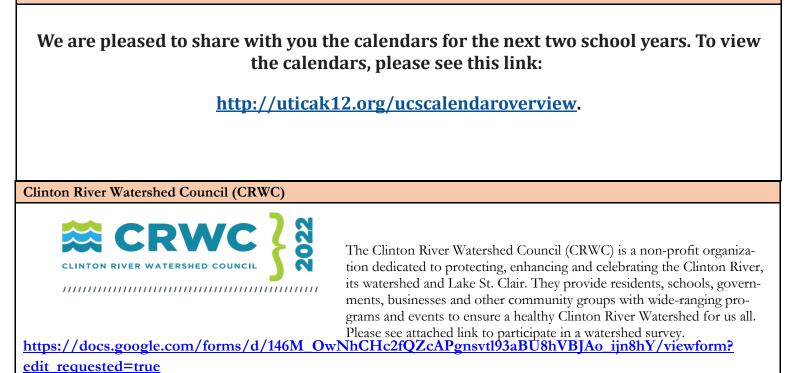
Connect to a tutor quickly and easily. Select your topic, subject and grade level. Then, to get the best tutor for your problem, type out your question and, if you have a file or picture, attach it to your request.

# **CHAT WITH YOUR TUTOR**

Use our online classroom to chat with your tutor and share your work on the whiteboard. You and the tutor can draw, type, paste images and use graph paper on the interactive whiteboard.

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2 + 6	The second secon
1 <u>5</u> - b	RANAL Index second "Amount" in an in a second rank the analysis of a participant for a

### **Tutoring**



CARE

#### What students and parents are savin

"The counselor was wonderful...very interested in helping to place my son where he should be. Thanks!!"

"The yelling has stopped and the talking has started."

"CARE is very responsive to the needs of the clients and I think it is a very good agency. I would one day like to work for CARE."

#### Resources:

Macomb County Crisis Center: 586-948-0222

National Suicide Prevention LIFELINE: 800-273-TALK (8255)

Alateen/Alanon Family Groups: 800-813-3105

Affirmations (L.G.B.T.Q.): 248-398-7105

Family Youth Interventions/Youth Shelter: 586-465-1212

Polson Control Center: 800-222-1222C

Macomb County Office of Substance Abuse (MCOSA): 586-469-5278

#### Substance Abuse Prevention websites

www.mcosa.net www.abovetheinfluence.com www.thetruth.com www.drugabuse.gov



Main Office 31900 Utica Road Fraser, Michigan 48026

586.541.CARE (2273) www.careofsem.com



SCAN HERE TO KNOW MORE ABOUT US

Our mission is to strengthen realiency in people and their communities through prevention, education, and services that improve the quality of life. Since 1977, CARE of Southeastern Michigan has been a leader in substance use prevention and recovery services in Macomb County. An accredited and awardwinning behavioral health nonprofit rooted in the community, CARE provides real-life solutions from early childhood to adulthood so we can live healthier lives.

LARE of Southeastern Michigan is funded by Macomb County Community Mental Health Office of Substance Abuse, Macomb County school districts state, federal and other private dollars.

Recipients of substance abuse services have rights protected or state and federal law and promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor 31900 Utrica Road, Fraser, MI 49026, (586) 541-2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.

# STUDENT





CARE invests in youth by working with the community, school personnel and parents to promote the healthy development and education of young people.







# CARE's Student Assistance

- Does your child/student have difficulties at school or in other social settings?
- Have you noticed a change in your child's/student's behaviors and/or attitudes?
- Are you concerned that your child/ student may be using alcohol or other drugs?

CARE of Southeastern Michigan understands the struggles that families are facing today. Despite all efforts, when a family is in crisis because of substance use or social and emotional health concerns, there is a greater likelihood that a young person will experience difficulties. Student Assistance offers students and their families guidance and support.

Student Assistance Clinicians specialize in atrisk issues such as substance abuse and mental health problems. A qualified Clinician will conduct initial screenings and assessments to determine the extent of a student's problems and provide resources to best help the student and their family. Students and families will receive assistance in gaining access to the most appropriate service for their area of concern.

# Youth and Family Programs

Visit www.careofsem.com for locations, times, and dates for all programs.

# Peaceful Alternatives to Tough Situations (PATTS):

An educational series to help youth deal with their emotions in appropriate ways by understanding their own resources and developing their own plan of action with skills that really work! \* Parent participation required

# Teen Intervene:

Power of Drugs and Alcohol is a series designed to provide education, support and guidance to teens that have experienced mild to moderate use of alcohol or other drugs. This program also offers parents and guardians the opportunity to learn healthy communication skills and the importance of establishing family rules regarding alcohol or other drug use. \* Parent participation required

# Parent Education Classes:

A series for parents to discuss ways to understand behavior, build self-esteem, increase cooperation and provide discipline that teaches personal responsibility. Groups include early childhood (ages 0-5), school age (ages 6-12) and teens (ages 13-18). A book for the appropriate age group is required.



# INDEPTH:

INDEPTH is the American Lung Association's Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health program. A forward-thinking alternative to suspension or citation for tobacco use, including e-cigarettes, INDEPTH addresses the teen vaping epidemic in a more supportive way. This interactive program teaches students about nicotine dependence, establishing healthy alternatives and making the change to be free of all tobacco products, including e-cigarettes. INDEPTH is led by a trained, CARE facilitator either one-on-one or in a group setting.

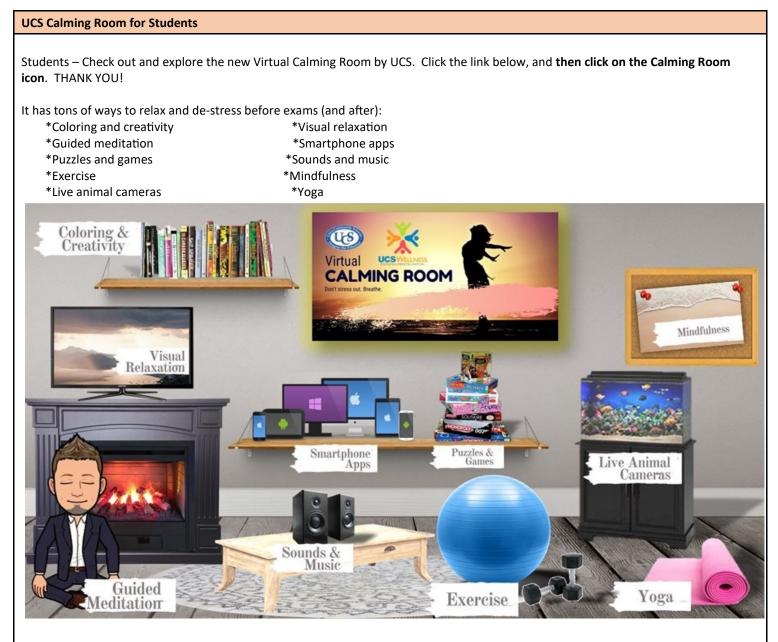
# Camp CARE:

This program is offered for children/families who have been impacted by alcohol and other drugs by a loved one. Through small group discussions, children, youth and teens learn: You are not alone, identify and process feelings, how to be safe, celebrate themselves, how to handle peer pressure, conflict resolution, making healthy choices, and life skill building.

# Teens Talking Truth:

T<sup>3</sup> participates in social events, community service opportunities, and workshops that address the challenges of today's youth, with a primary focus on alcohol, tobacco and other drug prevention and a healthy teen lifestyle. T<sup>3</sup> also works to get rid of the myth that all teens require drugs or alcohol to have fun!





# UCS Calming Room - Utica Community Schools (uticak12.org)

Check out Monday Moments, COVID-19 Support Services, Macomb Food Program and more at: <u>www.uticak12.org/UCS\_Wellness</u>



# Monthly Theme: Get Understanding Week 15: Walk in Their Shoes



"To understand and be understood makes our happiness on earth." ~ German Proverb



Have you tried to WALK IN SOMEONE ELSE'S SHOES? What was it like?



MY SHOES ~ Guide family members to reflect on what it is like to be them. Then have them design their own shoes and add phrases that show who they are. For example, I am shy. I am athletic. I am sometimes scared. I am hard-working. I am sometimes angry. I am loved. I am funny. Then keep their shoes in a place that reminds everyone of who they are and what it is like to WALK IN THEIR SHOES.



#### **UCS Wellness Podcast**

The UCS Wellness team is happy to announce the tenth episode (Self-Regulation Strategies) of their podcast series. The team worked with community members to create a podcast regarding different areas of physical, mental, and social health for UCS staff, students, and families. These podcasts are available on the UCS Wellness page. <u>UCS Wellness - Utica Community Schools (uticak12.org)</u>

Below is a list of the podcasts available on the Wellness page:

- Mental Health with guest, Nancy Buyle
- Grief and the Grieving Process for Children
- Family Communication
- CARE of Southeastern Michigan
- Discussing Dating Violence with Turning Point
- Tackling Tough Topics with the Macomb County Sheriff's Office
- Our Youth and Vaping
- Youth and Suicide Prevention
- The Detour Project
- Self-Regulation Strategies

### Virtual Library Card

Students and staff can access their Virtual Library account located on their ClassLink dashboard. The Virtual Library Card gives students access to digital resources from the local library and the virtual library card - Tutor.com provides online tutoring and homework help for students.

# 🥨 Student Virtual Library Card

- 1. Click on the Virtual Library Card icon from the ClassLink dashboard.
- 2. Select the library assigned to your homeschool

# Welcome! Please sign in.

3. Enter in your Virtual Library Card number and pin

Virtual Library Card number = UCS followed by the Student PowerSchool Number

PIN = MMDD (birth month and birth day)

FIN – MMDD (bith month and bith day)	Sterling Heights Library	Shelby Township Library	Utica Public Library	Clinton-Macomb Public Library
	Bemis	Beacon Tree	Eppler	Beck
UCS100023456	Browning	Crissman	Flickinger	Ebeling
	Burr	Duncan		
	Collins	Eisenhower		
0923	Davis	Malow		
	DeKeyser	Monfort		
	Dresden	Morgan		
	Graebner	Roberts		
	Harvey	Shelby		
	Havel	Switzer		
Sign in	Henry Ford II	Utica High		
	Heritage	West Utica		
	Jeannette	Wiley		
	Messmore			
	Oakbrook			
4. Click Sign in	Plumbrook			
	Schuchard			
	Schwarzkoff			
	Stevenson			
	UAIS			
MC	Utica Alternative Learning Center			
	Virtual School (Elementary, Junior			
Jor LIBRARY SERVICES	High, High School)			



# Virtual Library Card – Tutor.com

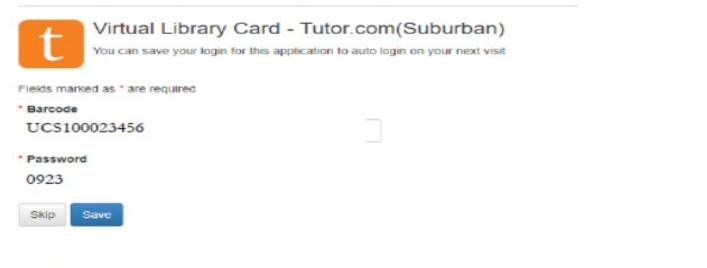
 Click on the Virtual Library Card Tutor.com icon from the ClassLink dashboard.

2. Enter in your Virtual Library Card Tutor.com number and pin

Virtual Library Card Tutor.com number = UCS followed by the Student PowerSchool Number

PIN = MMDD (birth month and birth day)

Would you like to save your login?



4. Click Save

Free and Reduced-Priced Meals Application Expire

Last year's free and reduced-price applications expired on Thursday, October 13, 2022.

As required by federal guidelines, students without an approved 2022-2023 Free and Reduced Meal Application on file will pay full price for all breakfast and lunch meals beginning October 14, 2022. Families must fill out a new application form located at <a href="https://utica.familyportal.cloud">https://utica.familyportal.cloud</a> today in order for benefits to continue.

Please direct any questions to Food and Nutrition Services ext. 1180.





# How-To Guide for School Meals SECONDARY

# Breakfast



Available to all students every day for \$1.75. Breakfast starts 10-15 minutes before school begins and is served in the cafeteria. Menus are posted on monitors in the cafeteria as well as online at <u>Uticak12.Nutrislice.com</u> or on the Nutrislice app.

# Lunch

Lunch will take place in the cafeteria and there are numerous items to choose from. Lunch is \$2.90 for junior highs and \$2.95 for high schools. Menus are posted on monitors in the cafeteria and online at <u>Uticak12.Nutrislice.com</u> or the Nutrislice app.



# Payment

For students to access their account they will scan their student ID at the register. If they have forgotten their ID, they can give the cashier their last name. Free and reduced status are confidential, so students will not know.

You can send in cash or check for meals with your student to deposit at the register, or you can pay via credit card at <u>Utica.FamilyPortal.Cloud</u> - here you can also check your child's account balance, spending habits and apply for free/reduced meals.

#### How-To Guide for School Meals SECONDARY (continued)

# Allergies

Students with allergies must fill out an allergy form and return it to the office and the department of Food Service. Substitutions cannot be accommodated without this form. Access the form at <u>Uticak12.org/foodservice</u> under the 'Allergen Form' section.

# Other Important Info

To apply for free/reduced meals, visit <u>Utica.FamilyPortal Cloud</u>. Until a student is approved, you will be responsible for paying for meals. UCS will cover the cost this year for all reduced priced meals, so they will be free once approved!

For a meal to be considered free students must take 3 out of 5 components with 1 of them being a fruit or vegetable. A la carte items, such as second entrees, chips, and bottled beverages, are not included in the meal and must be paid for by the student.

Students may charge up to 5 meals that must then be repaid. You can find the UCS charging policy at <u>Uticak12.org/foodservice</u>.

Jeannette Junior High School and Utica Alternative Learning Center are considered CEP or Community Eligibility Provision schools. This means the entire school qualified for no cost meals, but should still complete the Household Income Report (HIR) at <u>Utica.EamilyPortal Cloud</u> to help the school qualify for federal funding and for parents to qualify for other benefits.



# UCS Meals Are Nutritious And Delicious!

- UCS cafeterias offer a wide variety of different food choices to meet your student's needs
- We serve the same <u>brand named</u> products, like Tyson, Land-O-Lakes and Jennie-O, that you do you in your homes
- Meals follow federal guidelines for nutrition
- Meals include a variety of fresh fruit, vegetables, whole grains, low fat meat and dairy as well as low fat and fat free milk
- To qualify for free and reduced meals students must take at least 1/2 cup fruit or vegetable with a meal.
- Breakfast meals include up to 2 grains, up to 2 fruits and a milk. Must take at least 1/2 cup fruit or vegetable with 2 more items to qualify.
- Lunch meals include a grain, meat/meat alternate, vegetable, fruit & milk. Must take 3 out of 5 with one being 1/2 cup fruit or vegetable to qualify.
- We watch our saturated fat and sodium levels to help support our student's health needs
- Visit the Healthy Meals at School page to learn more about meal requirements

# "Hey Alexa, what's for lunch?"

UCS's School Menus are digitally accessible on all devices as well as Amazon's Alexa!

Customize, view and print all school menus by clicking here or visiting https://uticak12.nutrislice.com

#### Family Portal Replacing "Send Money to School"

Attention all families: Sendmoneytoschool.com, the site used to deposit funds to your student's meal account, has been replaced. Please begin using <a href="https://utica.familyportal.cloud">https://utica.familyportal.cloud</a> to deposit funds. If you currently have an account with sendmoneytoschool.com your children will

be moved over to the new account after completing registration.

Please view this video showing how to create an account on the new website: https://utica.familyportal.cloud/tutorials.

This site also contains the link to apply for free and reduced price meals. As a reminder, the USDA subsidized free meal program ended June 30, 2022. Families without an approved free or reduced price meal application will be charged the full meal price next school year. You can apply for the 2022-2023 school year as early as July 1.

How-To Video for School Meals link with your school community: https://youtu.be/ukSHx6zqPro

**Enroll New Student** 

<u>On-Line UCS Registration Form</u> (Important - Please have the documents referenced above ready before you begin this process as they are required to register).

Once you complete the registration, you will receive directions to set up an account through our student management system - PowerSchool Unified Classroom. The email will come from <u>Enrollment@uticak12.org</u>. For help setting up a PowerSchool Unified Classroom, please visit <u>this page for directions on creating a student account.</u>

# **Community Ed**

#### Football Skills Camp





# In Case You Missed It

We regret to inform you that three of our finest staff members have decided to retire at the end of

### A short note from Mrs. Cunningham

Dear Parents and Students:

I am writing this letter with some happiness and some sadness. It is time for me to say goodbye to Eppler Junior High. At the end of the month, I will be retiring from my position in Utica Community Schools. Throughout my career, I have been at multiple buildings: Shelby Junior High, Davis Junior High, Joan C Seargeant Instructional Resource Center, Henry Ford II High School and finally Eppler Junior High. During my time here, I have said over and over again that there is no other building, staff, students, parents and community that compare. This truly is a one-of-a-kind school family and I will miss my daily interaction with everybody, but it is time for me to start the next chapter in my life.

I also want to take this opportunity to wish each and every one of you the happiest of holidays. May you enjoy time with family and friends, and take some time to recharge.

Mrs. Cunningham

### A short note from Mrs. Ostrom

Dear Parents and Students,

I have spent the last 18 ½ years as a counselor at Eppler Junior High, and I consider the people here to be my family. My favorite thing about Eppler is the small hometown feel. For many of you, I have worked with multiple children in your family, and I have gotten to know some of your families very well. I want to share with you that I will be retiring at the end of December to start a new endeavor. There will be a new counselor assigned to students with last names A-K. This was a difficult decision, because I love Eppler so much. It has been my pleasure to work with you over the years, and I have really enjoyed getting to know your children. They are in good hands at Eppler. This staff truly cares about your children. I hope you all have a wonderful holiday break!

Sincerely,

Mrs. Ostrom

#### A short note from Mr. Bernabei

To the Eppler Junior High Family,

After 30 years with the UCS, I have decided to retire from public teaching. It is bittersweet because I absolutely love teaching and was blessed to work with many amazing students and staff. As a Social Studies teacher, my goal was never to teach History, but to try to develop History makers. I hope that I was able to do that with some of the many awesome students that came thru my classroom doors.

I know teachers typically leave at the end of the school year, but another opportunity has presented itself and it works best for me and my family. I pray that all of you have a blessed, peaceful and safe Christmas and second semester. Remember to always be humble, grateful and to treat others how you would want to be treated.

Sincerely,

Mr. Bernabei

#### Toys for Tots—**NEW**

Thank you to all the Chieftain families who donated to this years Toys for Tots. NJHS and Student Council were able to collet 178 total

toys this year... 100 more than last year!







**Caught Being Kind** 

# 

This year the counseling office is starting a fun program called "Caught Bring Kind"! Teachers and staff are recognizing moments when students are going out of their way to be kind to someone and performing an act of kindness. Then each month we are going around to classrooms and rewarding the students who were "Caught Being Kind". Kindness is contagious and we want the students to know we see appreciate that! The following students were rewarded recently:

Carley Kleist, Audrey Hinton, Aiden Wenberg, Grace Ealy, Salem Elrod, Jayson Tupo, Nick Florio, Chloe Wilson, Isabella Kashat, Jacob Solomon, Salem Eldrod, Drake McKinnis, Vata Margilaj, Leonia Maclin, Ava Ricketts, Jonah Youno, Kendall Abro, Emmerson Kraemer, Madilyn Fehn, Loriano Mio, Jaxson Readitt, Alenya Margilaj, Lauryn McConachie

Great Job Everyone!

### **Eppler Wings**

**Eppler gives you wings, where will you go?** Numerous NJHS & AVID students created a wing mural out of college pennants. The pennants that have been used as the feathers of the wings represent the opportunities available to Eppler students who get the most out of their three years here. Serious students are taking a big step towards "soaring" to higher levels of achievement and success.

We invite students to visit the media center and stand between the college pennant wings for a photo. Please make sure students ask a staff member before using their phones for a picture.

Picture below: 9<sup>th</sup> graders, Anya Alband and Ashly Ritter. Anya and Ashly are both NJHS students as well as AVID students and volunteered hours after school to make this vision come to life



#### Chieftain of the Month

Congrats to our September Chieftains of the Month!! These students were nominated by one or more staff members for practicing the Eppler Code of Conduct. For being responsible, respectful and reasonable, these chieftains receives a pride pin, certificate, chieftain ink pen and pizza lunch with the administrators. Great Job!!



#### **Chieftain of the Month**

Congrats to our November Chieftains of the Month!

Nikolas Lulgjuraj, Tylor Bolis, Lucas Abro, Carl Vetimiglia, Anthony Camilleri, Yousif Gorgees, Kayden Crute, Lily Seitz, Gianna Ligoncki, Angelina Bshara, Alyssa Jones and Hollye Kilburg



## Pink Out



### Pep Assembly







# 2022-2023 Homecoming Parade

Thank you to all the Eppler groups that participated in the UHS homecoming parade.





On October 20, 2022 Eppler's film star Maritsa Skowronek was recognized by the UCS Board of Education for her role in the documentary called *Chromosomally Enhanced: What's Your Superpower*. 9

The film can be viewed at https://chromosomallyenhancedwhatsyoursuperpower.vhx.tv/

More information on the film can be found at: https://whatisyoursuperpowerfilm.com/







#### 9th Grade Science

Mrs. Heidrich's 9<sup>th</sup> grade science classes participated in a water balloon toss as part of their unit on Forces and designing safer vehicles

